## Farmers Market in Esparto — November 13<sup>th</sup> Craft Fair

Esparto is set to host the third Capay Valley Regional Farmers' Market on November 13<sup>th</sup> from 9:00 a.m. to 1:00 p.m. at Esparto Community Park. In addition to local produce, the market will feature an arts and crafts fair sponsored by the Esparto PTSA, music, games, and a clown. The new market has been a big success thanks to a number of local groups and volunteer residents dedicated to assuring the future of the region.

While the Farmers Market brings people together, it also showcases the products grown in the region, giving area residents and visitors alike the opportunity to purchase them. "The local farms will have this year's almonds and walnuts, healthy greens, and winter squash," said Temra Costa of Community Alliance with Family Farmers and interim manager of the Farmers' Market. "This will also be a great opportunity for buying holiday gifts and supporting your local producers and artists."

The Capay Valley Regional Farmers Market is designed not just as a place to find and purchase locally grown produce, but also as a place for families to come together and for residents to meet their neighbors. The Capay Valley Regional Farmers' Market offers children's activities, nutrition education exhibits, Dilly Dally the Clown and other entertainment.

The fledgling Farmers' Market takes place monthly at the Esparto Community Park the second Saturday of each month through the end of 2004: December 11<sup>th</sup>. Following a hiatus for the winter months, it is scheduled to return in April of 2005 on a weekly basis.

For more information about the Capay Valley Regional Farmers' Market, please contact Thomas Nelson, Executive Director of Capay Valley Vision at (530) 796-4160.