

Introducing...

Andrew Brait, Paul Muller, Judith Redmond & Dru Rivers

Full Belly Farm

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Andrew Brait, Paul Muller, Judith Remond and Dru Rivers, long-time growers in the Capay Valley region, have operated Full Belly Farm in Guinda for twenty years, where they produce a variety of savory fruits and vegetables, along with flowers, herbs, walnuts, and lamb.

Farm Name

Full Belly Farm

Owners

Andrew Brait, Paul Muller, Judith Redmond and Dru Rivers

Number of Years Farming

20

Our Farm

Using certified organic production practices, Full Belly Farm employs about 35 workers year round to cultivate eighty different crops including vegetables, fruit, flowers, walnuts, herbs and lambs on 200 acres of land.

In addition to being focused on production, Full Belly Farm is home to many activities including educational tours, school groups and the annual Hoes Down Harvest Festival which seeks to celebrate rural life and reacquaint the public with the process of growing food in a sustainable manner.

Distribution of Product

Full Belly Farm's production is sold to wholesale distributors, retail stores and restaurants. Customers can also

purchase products at local farmers' markets and through the CSA.

Full Belly Farm attends the local Esparto Farmers' Market. They also have an on farm fresh produce stand open every Friday from 1 to 6 p.m. at the end of County Road 43 north of Guinda. Local neighborhood drop sites for CSA boxes are available in Woodland and Davis (see our website for details). Other farmers' markets that Full Belly Farm sells at are in Berkeley (Tuesday afternoon, year-round), San Rafael (Thursday morning, year-round), and Palo Alto (Saturday morning).

Joys of Farming

We most enjoy reaching out to the public to create an awareness of farm realities and to stress the importance of farms in the fabric of our society.

Challenges of Farming

It's difficult knowing that so many people do not realize the great need and importance of farms. That is one of the reasons we are so involved in educating the public, especially young children.

CVV CAPAY VALLEY VISION
Preserving a sense of place

